



Race for Life Volunteer

Marshal Volunteer

Why we need you

Marshals are the eyes and ears of the Race for Life course, looking out for the welfare of our passionate supporters.

What will you be doing?

You may be asked to:

- Help set up the course
- Cover fixed marshal points to guide and direct participants around the course
- Encourage and cheer on our participants
- Use a radio to log progress and inform the course manager of any incidents
- Help clear the course after the event

As every event and every venue is different the Area Event Manager may ask you to help with other tasks in addition to those listed above.

What skills do you need?

- Good interpersonal and communication skills
- Enthusiasm
- Assertiveness
- Willingness to work as part of a team
- Ability to deal with any incidents that may occur on the course in a cool and calm manner

How much time do you need to commit?

On average we need volunteers for four hours per event but we often have two events in one day. Please let the Area Event Manager know your availability when they contact you. Please note that this role is only required for part of the event but if you'd like to be help with other tasks please let us know.

What support will you be given?

A member of the team will contact you before the event and you will receive a full briefing on the day. All volunteer teams have a designated manager, who can provide guidance and answer any questions on the day.

What are the benefits?

- Satisfaction of knowing that you are making a valuable contribution to Cancer Research UK
- Enjoyment of meeting new people within your community and being a part of our local team
- Knowledge that you will have made a positive impact and improved the experience of Race for Life participants and spectators
- Experience of working with one of the UK's leading charities on its premier national event series
- You will receive a volunteer t-shirt and light refreshments

How to sign up

To sign up, simply fill in our online registration form at www.cancerresearchuk.org/racevolunteer and note the date of your chosen event in your diary. Alternatively, call our volunteering hotline on 0871 641 2272.

Together we will beat cancer

