



# Race for Life Volunteer

## Set-up Volunteer

### Why we need you

Race for Life depends on volunteers to set up the Race for Life course and other event facilities before participants arrive.

### What will you be doing?

You may be asked to:

- Help set up the site equipment
- Assist with setting up the course
- Co-ordinate the set up of the start and finish areas

As every event and every venue is different the Area Event Manager may ask you to help with other tasks in addition to those listed above.

### What skills do you need?

- Good interpersonal and communication skills
- Enthusiasm
- Willingness to work as part of a team
- A flexible approach
- This role may involve moving some heavy equipment (although it is not essential for all members of the set-up team to help with heavy lifting)

### How much time do you need to commit?

Set-up volunteers need to be available before the start of the event. This will mean an early start – potentially from 6.00am

### What support will you be given?

A member of the team will contact you before the event and you will receive a full briefing on the day. All volunteer teams have a designated manager, who can provide guidance and answer any questions on the day.

### What are the benefits?

- Satisfaction of knowing that you are making a valuable contribution to Cancer Research UK
- Enjoyment of meeting new people within your community and being a part of our local team
- Knowledge that you will have made a positive impact and improved the experience of Race for Life participants and spectators
- Experience of working with one of the UK's leading charities on its premier national event series
- You will receive a volunteer t-shirt and light refreshments

### How to sign up

To sign up, simply fill in our online registration form at [www.cancerresearchuk.org/racevolunteer](http://www.cancerresearchuk.org/racevolunteer) and note the date of your chosen event in your diary. Alternatively, call our volunteering hotline on 0871 641 2272.

*Together we will beat cancer*

